

April is Child ABUSE PREVENTION Month



8 Ways TO PREVENT Child ABUSE

- **Talk to your children about the difference between ‘ok’ and ‘not ok’ touches** Explain that ok (safe) touches can be hugs, a handshake, or a medical checkup, etc.
- **Help your children understand that ‘not ok’ (unsafe) touches can be hitting, pushing, kicking, slapping, etc. and can be someone touching the child’s private parts, asking the child to touch his/her private parts.**
- Instruct your children to tell a trusted adult if someone says their touches are to be “a secret” or if the person threatens your child or family.
- **Teach your children about “NO, GO, and TELL”:** Say NO. GO away quickly, and TELL a trusted adult if someone touches them in a way that upsets them.
- Tell your children to “NO, GO, and TELL” if a stranger offers them candy, gifts, or a ride, follows them; or asks the, to come along to help find or carry something.
- **Make it a rule that your children keep you informed about where they are, who they are with, and when they will be home.**
- **If you suspect someone of child abuse, please call Inriamta Ikayurviat at 543-3144.**